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IN BRIEF

Toronto homicide suspects may be in Winnipeg

Winnipeg police warn that a pair of suspects on the run after a homicide in Toronto last week may be in the city.

Clyde Marshall, 36, of New Brunswick and Sabrina Chouart, 27, of Gatineau, Que., are wanted on first-degree murder charges over the killing of Sina Parsi, 32, who was found dead in Toronto on Friday.

Marshall is white, six feet tall, 145 pounds with a thin build, short brown hair and blue eyes. He has a tattoo on the right side of his neck and arm. Chouart is white, five-foot-seven and 130 pounds with a thin build and brown hair. The pair may have a large brown dog.

Call police or Crime Stoppers if you see the pair. Police warn not to approach the suspects. METRO



Clyde Marshall, top, and Sabrina Chouart HANDOUT



ST. JAMES FIRE DESTROYS HOME Firefighters were called to the scene at 343 Kensington St. on Monday at 5 a.m. after fire broke out at a two-storey home under renovation. No one was hurt, and there was no immediate word on a cause. ELISHA DACEY/METRO

Terror suspect gets 24/7 monitoring

SECURITY

Rights group criticizes bail terms for the uncharged man

A Winnipeg man suspected of planning terrorist activities will have to wear an electronic monitoring device and stay off the Internet for the time being.

Aaron Driver, 23, is not facing any criminal charges. But federal authorities are seeking a peace bond to limit his activities on the suspicion that he

may help a terrorist group or activity.

Driver has been released on bail — with 25 conditions — until the court decides whether to issue the peace bond.

Driver must be monitored electronically around the clock. He is forbidden from owning a computer, must observe a nightly curfew and surrender his passport and any weapons.

He is also banned from possessing any items with logos or symbols of Islamic State groups and must undergo religious counselling.

The bail conditions drew criticism from the Manitoba Association of Rights and Liberties.

COURT

Driver spent a week in custody before being released on bail. His next court date is July 9.

ciation of Rights and Liberties.

"This is a person — a Canadian citizen — who has not been charged with a crime ... and yet he's going to be subject to 24/7 GPS monitoring," association president Corey Shefman said Monday.

"This is Canada, and a judge has just told this man that he

must receive counselling from a religious leader. That, frankly, is outrageous."

Published reports have said Driver posted messages on social media that praised terrorist activities, including the attack last October on Parliament Hill by Michael Zehaf-Bibeau. Evidence presented at Driver's bail hearing last Friday cannot be reported due to a court-ordered publication ban.

Crown attorney Ian Mahon said there have been nine other peace bonds sought against Canadians suspected of harbouring terrorist plans since 2001.

THE CANADIAN PRESS

RED RIVER

Police see foul play with body



Shane Gibson
Metro | Winnipeg

Police are investigating the death of a man whose body was found on the bank of the Red River in downtown Winnipeg on Friday as a homicide.

The man has been identified as 49-year-old Jason Stinson, who is originally from Beausejour but had been spending time in Winnipeg, according to police.

An off-duty police officer found Stinson's body on the riverbank near Lombard Avenue and Waterfront Drive just after 5:30 p.m.

Police spokesman Const. Jason Michalysheh told media Monday an autopsy completed over the weekend shows the man had experienced trauma, but he wouldn't say exactly how Stinson died.

"At this time we've determined that foul play is suspected, and the homicide unit is actively involved," said Michalysheh. "I'm not going to get into the details with respect to the type of injuries, but the injuries are concerning and suspicious in nature."

Michalysheh said he wasn't aware of Stinson being previously reported missing, and he couldn't say for sure how long his body had been on the riverbank.

Police are asking anyone who knew Stinson or had contact with him Friday or in the days before his body was found to call investigators at 204-986-6508.

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CFO

TRANSIT TUESDAY

Weekly Transit News Update



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For all your transit customer service needs, visit Winnipeg Transit's Millennium Library Customer Service Centre, located at 251 Donald St. (corner of Graham Street and Donald Avenue). Service hours are Monday to Friday, 8:30 a.m. to 4:30 p.m.

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Rick Watkins, Ron Robinson and Karen Lesiuk play croquet in their best vintage on the lawn of the Cornish Library to celebrate the library's 100th birthday. DAVE BAXTER/METRO

Cornish Library turns the page on 100 years

WEST GATE

Facility marks milestone, looks ahead to big renovation

Dave Baxter
Metro | Winnipeg

A Winnipeg library took a trip back in time on Monday to celebrate 100 years of serving the city.

The Cornish Library at 20 West Gate across from the Misericordia Health Centre opened on June 15, 1915, and those who run it say Monday's birthday is an important milestone.

"There are not many libraries that have made it 100 years," said branch manager Rick Watkins. "And it has always been a library since the day it opened, exactly 100 years ago today."

There were a number of odes to the past at Monday's birthday celebration, such

as performances by a barber-shop quartet, croquet being played on the lawn and a movie screening celebrating the library's history.

The building may be 100, but Watkins said it will be evolving, thanks to a \$2.5-million renovation starting in 2016.

He said the renovations will maintain the historic look at the front of the building, but an addition will be constructed onto the back of the library, and a lift will be installed, as well as a new uni-

versal washroom.

"Through the 2015-2020 Libraries Strategic Plan, libraries like Cornish will get the improvements they need to foster a love of reading and to offer important literacy programs in the future," said Mayor Brian Bowman in a statement.

St. John's Library at 500 Salter St. in Winnipeg will also celebrate 100 years of service later this month.



Winnipeg's not worst for mosquitoes



WHAT'S GOOD

Ace Burpee

I get it. Nobody likes mosquitoes. They're hard to like. Impossible, even. I'm not here to tell you to like them, but I'll offer a bit of perspective.

Hoping others have it worse than you is obviously no way to live your life, but you don't have to hope —

others have it way worse than you.

I'm from Cooks Creek, about an hour north of here. It's why a mosquito problem in Winnipeg doesn't even register with me. It's the same as most places in the country. We're not in the same conversation, yet we still spent the entire summer outside and life was good.

Sometimes we, as in Winnipeg, act like this problem

is unique to us, but it's not even close.

Two places I've visited in the summer and where I've experienced worse mosquitoes than here: Newfoundland and New Orleans. Two places so awesome I've been back to each of them again: Newfoundland and New Orleans. Two places where pretty much everyone wants to go someday: Newfoundland and New Orleans. We are far from

the mosquito capital.

Finally, here is a life hack that actually works: If lathering up with repellent or lighting some sort of miracle little burner thingy so you can enjoy an evening on your deck in comfort isn't working for ya, get a fan, man. Wind always wins. Literally blow them away. It works. Ace Burpee is a local writer, radio show host, producer and supporter of all things good.



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Child talks elder abuse

SENIORS

Challenge winner issues challenge of her very own



Shane Gibson
Metro | Winnipeg

When she first heard about elder abuse, 12-year-old Alea Enns couldn't believe it.

But after researching the phenomenon, the Grade 7 student from Linden Christian School took to social media to take part in the Respect Challenge, a contest put on by Prevent Elder Abuse Manitoba.

The challenge asked young people to share experiences with the elderly and start a discussion about how to stop the abuse. Enns was one of two Manitoba students chosen as winners.

"It was a surprising issue for me because (the elderly) are so vulnerable that I



Alea Enns, a Grade 7 student at Linden Christian School, is one of two Manitoba students chosen as winners. The contest saw young people share experiences with seniors online and start a discussion about how to stop elder abuse. SHANE GIBSON/METRO

thought no one would take advantage of them. But I guess people do, so I wanted to solve that," Enns said Monday after speaking at an

event marking World Elder Abuse Awareness Day, held at Winnipeg's River Ridge Retirement Residence.

"I want people to know

that youth can get involved and they can do something."

Dara Maternick, provincial co-ordinator of Prevent Elder Abuse Manitoba, said elder

abuse can include mental, physical and financial abuse, and as much as 10 per cent of Manitoba's senior population has experienced it.



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IN BRIEF

Janet Jackson tour set to land in Winnipeg

Janet Jackson is making a comeback, and her comeback world tour includes a stop in Winnipeg.

The pop superstar will head to MTS Centre on Sept. 8 as part of her Unbreakable World Tour.

The multi-platinum and Grammy-winning singer will release a new album in the fall.

Tickets range from \$29 to \$115, plus services fees, and go on sale through Ticketmaster June 22 at 10 a.m. METRO

'Star' illusionist to reappear in Winnipeg

Darcy Oake is coming home, and that's no trick.

The Winnipeg illusionist burst onto the scene last year in a series of jaw-dropping performances on Britain's Got Talent that prompted judge Simon Cowell to exclaim: "We are witnessing the birth of a star." Now he's bringing his Edge of Reality show across Canada, with the final stop in Winnipeg on Dec. 4.

Tickets go on sale June 19 at 10 a.m. and range in price from \$29.50 to \$49.50, plus fees. METRO

Museum for Human Rights exceeds fundraising goal

After more than a decade of fundraising, the Friends of the Canadian Museum for Human Rights (CMHR) announced Monday it has exceeded its campaign goal and raised \$151.5 million.

The Friends say donations from The Calgary Foundation, The Paul Albrechtsen Foundation and the Labourers' International Union of North America totalling \$4 million helped push them over their goal.

"Together with more than 8,200 donors and hundreds of campaign volunteers from every region of Canada and beyond, we have been striving toward this goal for so many years, and it feels incredible to finally reach it," said Friends national campaign chairwoman Gail Asper in a release.

"It overwhelms me to think of all those who passionately supported this project and helped to create this spectacular and inspiring museum."

Now that the CMHR is built and its inaugural exhibits installed, the Friends said they'll continue to partner with the community to support the museum. METRO



HEALTH PROTESTERS APPEAL TO HUMANITY More than 100 protesters rallied in front of the Canadian Museum for Human Rights on Monday to protest federal cuts to refugee health care. Similar rallies happened in 19 other Canadian cities as part of what is being called a National Day of Action. DAVE BAXTER/METRO

Naked Canucks come home

MALAYSIA

Saskatchewan siblings pled guilty to public indecency

Two Canadians who were detained in Malaysia for posing naked with other hikers on the country's highest peak have reportedly returned home.

Saskatchewan siblings Lindsey Petersen and Danielle Petersen had been sentenced to three days in jail and fined for obscene behaviour in a public place.

They were among 10 foreigners who stripped naked and took photos on Malaysia's Mount Kinabalu on May 30.

A local official has said their behaviour was disrespectful to the mountain, which is believed to be sacred, and caused an earthquake on June 5 that killed 18 climbers.

Their Malaysian lawyer has said they pleaded guilty in a local court to a charge of



Canadian Danielle Petersen, 22, right, and Eleanor Hawkins, 24, of Britain, are escorted by police as they leave court in Kota Kinabalu, Malaysia, on June 12. Saskatchewan siblings Lindsey and Danielle Petersen have reportedly returned home. THE CANADIAN PRESS FILE

public indecency.

Lawyer Ronny Cham confirmed the Petersens left the country on Saturday, and media outlets in Regina said the pair were believed

to have arrived back home Sunday.

Lindsey Petersen, an engineering graduate from the University of Regina, had detailed his travels through

out Asia over the last seven months on Facebook. When his sister joined him in Bali, Indonesia, in April, he referred to them as the "dynamic duo."

+ APOLOGY

British student Eleanor Hawkins issued a public apology to the people of Malaysia after returning home to England over the weekend.

She said on Sunday that she knows her actions were wrong.

"I know my behaviour was foolish and I know how much offence we all caused to the local people of Sabah. For that, I am truly sorry," she said.

The story of their detention in Malaysia made headlines around the world and sparked a discussion on respect for cultural beliefs.

The other two westerners detained in the case were Dutch citizen Dylan Snel and British student Eleanor Hawkins.

Hawkins issued a public apology to the people of Malaysia after returning home to England over the weekend.

THE CANADIAN PRESS

TORONTO

Officials seize meat at airport

The Canadian Border Services Agency says 27 kilograms of undeclared raw meat have been seized at Toronto's Pearson International Airport.

The agency says they were first alerted to the cache when a detector dog smelled something unusual at a baggage carousel last Tuesday.

When the luggage was brought into a secondary inspection area, border officers found a selection of products including partly frozen beef cuts, whole goose and smaller avian birds.

A traveller from Egypt was counselled about the requirement to declare all food, plant, animals and related products.

The meat was seized and destroyed. The border agency says many travellers are unaware that undeclared meat, animal hides, live birds, plants and fruit may damage Canada's food supply, economy, environment and pose a risk to human health.

THE CANADIAN PRESS

ELECTIONS

House leader says bills show 'agenda' for campaign

A series of bills introduced in the dying days of the current session of Parliament aren't intended to become law until after the scheduled October election, a Harper cabinet minister acknowledged Monday.

The legislation was tabled to give Canadians an idea of what to expect from the Conservatives, should they return to power, Government House Leader Peter Van Loan said as the spring session of Parliament began winding through its final full week.

"We have introduced a number of bills, rather late in the session, that demonstrate what will be the core of an agenda for a Conservative government re-elected when we return in the fall," said Van Loan.

The minister made the comments at a news conference where he outlined the government's accomplishments over the last few months and warned against the agendas put forward by the opposition New Democrats and Liberals.

The Harper government has

stuffed the legislative pipeline with new bills in the last two weeks, ranging from a new national marine conservation area for Lake Superior to motor vehicle safety amendments, copyright changes and new mandatory minimum sentences for gun crime.

As late as Monday, a week before the Commons is expected to rise for the summer, Defence Minister Jason Kenney was set to table a bill aimed at protecting victims' rights in the military justice system.

Van Loan said more legislation is likely to be introduced before the scheduled end of session.

And he said it's expected there won't be a sitting in September before the writ is issued for a general election.

One of the issues likely up for debate during the campaign is Senate reform — once a major plank in previous elections when the Conservatives pledged to either transform the upper chamber or abolish it.

Since the Supreme Court

of Canada ruled that any significant changes to the Senate would require the approval of the provinces, the Harper government has all but given up that fight.

Van Loan said the Conservatives would welcome proposals from the provinces for changes.

"I can assure you that if we were to see an initiative from the provinces that matched ours on either reform or an abolition, I would expect we would respond to that," he said. THE CANADIAN PRESS



House Leader Peter Van Loan THE CANADIAN PRESS FILE

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NAACP leader quits after parents reveal she's white

RACE

Old photos show her as a pale child with blond hair

The president of a city chapter of a major U.S. group advocating for the rights of African Americans resigned Monday amid a furor over racial identity that erupted when her parents came forward to say she has been posing as black for years when she is actually white.

The announcement was posted on the civil rights organization's Facebook page. It said the attention surrounding Rachel Dolezal has distracted from the group's goals.

"The dialogue has unexpectedly shifted internationally to my personal identity in the context of defining race and ethnicity," according to a statement attributed to Dolezal, a longtime figure in the civil rights community of Spokane, Ore., who was elected to the NAACP post six months ago.

"I am consistently committed to empowering marginalized voices and believe that many individuals have been heard in the last hours and days that would not otherwise have had a platform to weigh in on this important discussion."

Meanwhile, Spokane is investigating whether she lied about her ethnicity when she landed an appointment to the city's police oversight board. On her application, she said her ethnic origins included white, black and American Indian.

Dolezal, a 37-year-old woman with a light brown complexion and dark curly hair, attended



Rachel Dolezal, president of the Spokane NAACP chapter, resigned Monday after her parents said she has been posing as black for years. COLIN MULVANY/THE SPOKESMAN-REVIEW/THE ASSOCIATED PRESS FILE

We hope that Rachel will get the help that she needs to deal with her identity issues.

Ruthanne Dolezal, mother of Rachel Dolezal

historically black Howard University, teaches African studies at a local university and was married to a black man. For years, she has publicly complained of being the victim of racial harassment in the heavily white region.

The uproar over racial authenticity and professional

honesty unfolded last week after Dolezal's parents told the media their daughter is white with a trace of Native American heritage. They produced photos of her as girl with a pale complexion and straight blond hair.

Her mother, Ruthanne Dolezal of Troy, Mont., told re-

porters she has had no contact with her daughter in years. She said Rachel began to "disguise herself" after her parents adopted four African-American children more than a decade ago.

Rachel Dolezal initially dismissed the controversy, saying it arose from litigation between other relatives who have divided the family. She has not returned repeated calls from The Associated Press.

Late last week, the national NAACP stood by her, saying "one's racial identity is not a

+ BACKGROUND

On Friday, police said they were suspending investigations into racial harassment complaints filed by Rachel Dolezal, including one from earlier this year in which she said she received hate mail at her office.

Police said that one hate mail package did not bear a date stamp or barcode, meaning it was probably not handled through the post office.

qualifying criteria or disqualifying standard for NAACP leadership." But she had come under increasing pressure from local chapter members to resign.

Kitara Johnson, an NAACP member in Spokane who has been calling on Dolezal to step down, welcomed the resignation.

"That's the best thing that can happen right now," Johnson said. "We are going to stand in unity and solidarity."

Johnson said that the most important thing is to focus on the work of the NAACP, but that she hopes Dolezal remains a member of the organization.

Cornell William Brooks, national president of the NAACP, declined to comment on the resignation.

Dolezal's parents appeared on the Today show Monday and said they hoped to reconcile with their daughter.

"We hope that Rachel will get the help that she needs to deal with her identity issues. Of course, we love her," Ruthanne Dolezal said.

THE ASSOCIATED PRESS

ISIL

Kurds capture key town

U.S.-backed Kurdish fighters captured large sections of a strategic town on the Syria-Turkish border on Monday, dealing the biggest setback yet to the Islamic State of Iraq and the Levant (ISIL), which lost a key supply line for their nearby self-proclaimed capital.

The seizure of Tal Abyad threatened to inflame tensions between Kurds and ethnic Arabs, who accused the Kurdish militia of deliberately displacing thousands of people from the town, which has a mixed population.

Redur Khalil, a spokesman for the main Kurdish fighting force, known as the YPG, said Kurdish fighters entered from the east and were advancing west toward the town's centre amid fierce clashes with pockets of ISIL resistance.

"We expect to have full control over Tal Abyad within a few hours," he told The Associated Press by telephone. A few hours later, the YPG announced on its Facebook page that it had liberated the town.

The Britain-based Syrian Observatory for Human Rights confirmed the Kurdish fighters had "almost full control" of Tal Abyad by Monday evening, and had taken command of the border crossing with Turkey.

It said some 40 ISIL militants were targeted by U.S.-led airstrikes as they tried to flee south.

The loss of Tal Abyad, approximately 80 kilometres north of Raqqa, the capital of ISIL's self-declared caliphate, is the extremists' biggest setback since Kurdish fighters took control of the Kurdish border town of Kobani near Turkey, after fighting ISIL for several months.

THE ASSOCIATED PRESS

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A tourist photographs a damaged building near Basantapur Durbar Square in Kathmandu, Nepal on Monday.
NIRANJAN SHRESTHA/THE ASSOCIATED PRESS

Tourist sites reopened in Nepal

BHAKTAPUR

UNESCO raises concerns as country tries to renew industry

Nepal on Monday reopened most of the cultural heritage sites that were damaged in a pair of devastating earthquakes, hoping to entice back foreign tourists.

The April 25 and May 12 quakes killed more than 8,700 people and damaged hundreds of thousands of buildings in Nepal, including old temples, palaces and other historical structures that are popular with tourists.

Six of the seven UNESCO World Heritage sites that closed after the quakes were reopened Monday, Tourism Minister Kripasur Sherpa said.

"We are urging people to come to Nepal for holiday to help Nepal rebuild," Sherpa said in Bhaktapur, a city outside of Kathmandu filled with ancient temples, and which is among the reopened heritage sites.

The sites were closed due to the damage from the quakes, but also over concerns about the safety of tourists.

Bhesh Narayan Dahal, chief of Nepal's Department of Archaeology, said that measures have been taken to ensure that tourists are safe, and that there are plans to provide safe-

ty helmets for visitors in some places.

Some 741 heritage structures were damaged in the quakes, and it will take at least \$18 million to rebuild and restore them, Dahal said.

Nepal is hosting an international donors' meeting next week in Kathmandu, the capital, to seek money to help rebuild the Himalayan country following the quakes.

About 800,000 foreign tourists visit Nepal every year and the government is worried that a fear of earthquakes will stop many from visiting.



We are urging people to come to Nepal for holiday to help Nepal rebuild.

Kripasur Sherpa, Minister of Tourism, Nepal

UNESCO, the United Nations' cultural heritage organization, had raised concerns last week about the reopening of the heritage sites, urging tourists to be extra cautious and reconsider visiting them.

The agency also asked the government to restrict tourists' access to locations where structures had collapsed and that were still considered unsafe.

THE ASSOCIATED PRESS

TBILISI, GEORGIA

People, zoo animals still missing after flood

Workers and volunteers laboured Monday in a flood-ravaged area of the Georgian capital of Tbilisi to help victims while nervously watching for traces of dangerous animals that may have escaped the city zoo when it was inundated by the surging waters. Officials in the ex-Soviet republic said 14 people were confirmed dead.

Ten people were thought to be missing after an intense downpour and high winds on Sunday turned a stream that

runs through a section of Tbilisi into a sweeping torrent that destroyed houses, tore up roads and tossed vehicles into heaps of uprooted trees and rubbish.

The devastated zoo was still trying to determine what had happened to four lions, three tigers and one jaguar whose enclosures were flooded, zoo spokeswoman Khatia Basilashvili said.

The government declared Monday a day off from work and school while the search

for the missing and the cleanup work went ahead in Tbilisi, a city of 1.1 million people.

The government has urged residents to avoid going near the zoo.

None of the people who died were killed by the zoo animals that got loose, Tbilisi Zoo Director Zurab Gurielidze said. Three zoo employees were among those who drowned.

One of the potentially most dangerous animals to escape, a hippopotamus, was tranquil-

ized and returned to the zoo on Sunday.

A young white lion named Shumba, one of the zoo's most beloved attractions, was found shot in the head on zoo territory on Sunday, the zoo director said. He demanded an investigation into the shootings of zoo animals.

"If a predator attacked a person, then it's understandable, but there are cases that need looking into," Gurielidze said.

THE ASSOCIATED PRESS

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YOUNGS
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Kaufhof deal only the beginning

HUDSON'S BAY COMPANY

Push to buy into European market years in the making

Hudson's Bay Company is still shopping for acquisitions in Europe, even as it announced Monday it is buying a chain of German department stores in a deal worth \$3.3 billion.

"Having surveyed the European marketplace for many years, this transaction was a long time in the making," said Richard Baker, HBC governor and executive chairman, in a conference call with analysts Monday morning.

He called the newly purchased Kaufhof chain of department stores, operating in Germany and Belgium, "an ideal platform for HBC's entrance into Europe, (providing) a base from

which we can continue to grow in the future."

Kaufhof has 103 Galeria Kaufhof locations and 16 Sportarena stores. Kaufhof also operates Belgium's only department store with 16 Galeria INNO locations across the country. The parent company is Metro AG.

The deal is expected to close by the end of the third fiscal quarter.

The purchase will be financed by the sale of at least 40 of Kaufhof's owned or partially owned properties to Simon Property Group, a joint venture between HBC and U.S.-based Simon Property Group.

Chief executive officer Jerry Storch said HBC will be bringing Saks Fifth Avenue and Saks Off Fifth to Germany and Belgium, primarily within existing real estate.

"Saks Fifth Avenue is a global luxury brand with international recognition and we believe that there is untapped potential for

\$3.3B

The agreement between Hudson's Bay Company and Germany-based Metro AG will see the Canadian retailer take over its stores in Germany and Belgium and fold them into HBC's corporate umbrella for \$3.3 billion.

upscale luxury retail in Germany," said Storch.

He said Canadian consumers will benefit from having European brands made available to them in Canada.

Hudson's Bay beat out Vienna-based Signa Retail, controlled by Austrian property developer Rene Benko, who also owns Kaufhof competitor Karstadt.

The mostly cash bid by Hudson's Bay was deemed a better offer because it included labour-related concessions, a more solid financing structure and plans to grow and invest, people familiar with the deal said. A merger of Kaufhof and Karstadt, on the other hand, may have led to job losses.

"Beyond the attractive finan-

cial and transactional aspects, a key factor for us was the fact that HBC has made binding guarantees to take on the approximately 21,500 Galeria Kaufhof employees in Germany and Belgium," said Olaf Koch, chairman of Metro's management board.

When the deal closes, HBC will have 464 locations in four countries under eight different banners, including Lord & Taylor and Saks Fifth Avenue. The company estimates its eight main banners will generate about \$13 billion annually.

"This transaction is a significant step forward in our plans to become a premier global retailer," Storch said Monday in a statement. "This is a strong foundation to explore additional opportunities for growth throughout the continent."

Hudson's Bay Co. recently reported a \$54-million loss in the first quarter of 2015.

But Storch believes the future of retailing remains the department store model.

"They are the distribution centre around the corner from your house when you want it. The future of department stores, I believe, is quite bright."

TORSTAR NEWS SERVICE



The deal between Hudson's Bay Company and German retailer Metro AG for its department stores is worth \$3.3 billion. Once the deal is final, HBC will gain ownership of Galeria Kaufhof and Galeria INNO. MARTIN MEISSNER/THE ASSOCIATED PRESS

This transaction is a significant step forward in our plans to become a premier global retailer.

Hudson's Bay Company CEO Jerry Storch

ENVIRONMENT

Green party win would bring fuel extraction fees

The federal Green party says it would charge a fee for extracting fossil fuels from the ground and return the money to Canadians in the form of a cash dividend if elected this fall.

Green party Leader Elizabeth May is billing the major plank of her election platform as the surest means of virtually weaning Canada off carbon-based

energy sources by the middle of the century.

Under the plan, the carbon fee would be levied on fossil fuels at source — when coal, oil or gas comes out of the ground or crosses the border into Canada.

It means consumers would pay higher prices at the gas pump and when buying fossil

fuel-based products like plastics, pesticides and fertilizers, the party acknowledges.

However every Canadian adult would either receive a cheque or a reduction of their personal income taxes to offset their increased carbon costs.

"We need a national carbon price, and it needs to be fair to all regions," May told a

news conference Monday in Victoria, B.C.

The party would also eliminate all fossil-fuel subsidies and reduce energy waste through improved public transit and more efficient water-treatment systems.

"We need to take action now and it needs to be meaningful," May said. "We will make the

case that climate cannot be ignored in this election."

Encouraging the shift to greener energy sources will not only help the environment, but also create jobs, she added.

"When we get carbon out of electricity, we will make big strides as we build up our renewable energy sector."

THE CANADIAN PRESS

IN BRIEF

GM ignition switch death total increases to 114

The death toll from faulty ignition switches in General Motors small cars has risen by three to 114.

Victims' families are being offered compensation of at least \$1 million each by attorney Kenneth Feinberg, who was hired by GM last year. In addition, Feinberg will make offers to 229 people who were injured in crashes caused by the switches in the Chevrolet Cobalt and other older cars.

GM recalled 2.6 million of the cars last year, but acknowledged it knew about the switch problems for more than a decade.

THE ASSOCIATED PRESS

market minute

	DOLLAR 81.19¢ (-0.04¢)
	TSX 14,756.05 (+14.90)
	OIL \$59.52 US (-0.44¢)
	GOLD \$1,185.80 US (+\$6.60)

NATURAL GAS: \$2.90 US (+0.14¢)
DOW JONES: 17,791.17 (-107.67)

THE CANADIAN PRESS

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REAL ESTATE

Housing market hits five-year high

Home sales accelerated in May to their highest level in more than five years, as some home buyers looked to pre-empt an increase in mortgage insurance premiums.

The Canadian Real Estate As-

sociation said Monday that sales last month through its MLS system were up 3.1 per cent from April, marking the fourth consecutive month-over-month increase.

Sales in the Toronto area grew by 4.1 per cent in May compared to the previous month, while Calgary sales climbed 6.7 per cent and Ottawa gained 6.2 per cent.

CREA president Pauline Aunger says news that CMHC will be increasing mortgage default insurance premiums for home buyers with less than a 10 per cent down payment effective June 1 could have impacted home sales.

"Some buyers may have jumped off the fence and purchased in May to beat the increase," Aunger said.

CREA anticipates that national

+ MORE FIGURES

Soaring prices

The national average for a home sold in May 2015 was approximately \$450,886, up 8.1 per cent from about a year ago.

With the exception of red-hot markets in Toronto and Vancouver, the average price of a home gained approximately 2.4 per cent, peaking at \$344,988.



the big question

When will Lac-Mégantic victims get paid?

Canadian Pacific Railway took heat Monday for making victims and creditors wait even longer for a \$431.5-million settlement related to the deadly 2013 rail accident. Of the 25 companies being sued, CP was the only one to balk at paying into a compensation fund, saying the case should be federal. CP denies any responsibility, because at the time of the disaster the train had been ceded to MM&A and was neither operated by CP employees nor travelling on CP tracks. SOURCE: THE CANADIAN PRESS

Taxis: The Uber war is over, get with the times

YOUR RIDE

Colin Fast



The new chairman of the Manitoba Taxicab Board said he wants the ride-sharing app Uber to play by the rules if it plans to come to our province.

But here's a better idea for David Sanders: Throw out the rule book altogether.

Or at least give it a serious rewrite, because more than most cities, Winnipeg needs a transportation alternative.

Anyone who has tried and failed to hail a cab on a downtown street, or sat waiting for a pre-booked vehicle that arrived 15 minutes late, knows Winnipeg is woefully underserved by the taxi industry.

And it's no surprise, considering the Taxicab Board hasn't seriously increased the number of cab licenses in Winnipeg in the past 70 years. There's almost the same num-

ber of cabs today as at the end of the Second World War.

Uber promises to change all that by enabling just about anyone to turn a newer private car into a taxi. The driver makes a little money, the passenger gets picked up quickly and the fare is usually less than a standard cab.

The entire transaction takes place via smartphone. No money ever changes hands, and there's a digital record created for every ride.

It's cheaper, potentially safer and more convenient. So why would the Taxicab Board, whose stated objective is "to ensure citizens in Winnipeg receive quality taxicab service that meets the public need at a reasonable cost," want to get in Uber's way?

Because the Taxicab Board doesn't really exist for Winnipeggers, but for the benefit of cab companies and drivers. And those groups hate Uber.

They hate that it siphons off business, and they hate

that it potentially reduces the resale value of taxi licenses, which is now near \$300,000 in Winnipeg because of the Taxicab Board's failure to issue more licenses as the city has grown.

So they raise fears about safety and overcharging — ignoring their own track record on those issues — and in some cities they've held rallies and applied political pressure to prevent Uber from coming.

Fortunately, many cities are seeing through the taxi industry hype, and are taking steps to accommodate Uber. The service now operates in more than 300 cities around the world — the closest is in Fargo — and wants to expand across Canada.

Despite protests from cab drivers, the mayors of Edmonton and Toronto have both said their cities need to change regulations to accommodate ride-sharing services. Winnipeg Mayor Brian

Trying to protect cabs from Uber is... like trying to save blacksmiths from Henry Ford.

Bowman is also keen on transportation innovations and has met with reps from Uber. Unfortunately, taxi regulations in Winnipeg are controlled by the province and the Taxicab Board, not city council.

Ultimately, trying to protect cabs from Uber is a bit like trying to save blacksmiths from Henry Ford. The innovation has already taken place, the demand is there and it's up to regulators like the Manitoba Taxicab Board to adapt to the new reality.

Colin Fast is a communications specialist and freelance journalist in Winnipeg. Follow him on Twitter @policyfrog.

ROSEMARY WESTWOOD

metroview

"The progressive wedding does its best not to be a wedding."

Millennials think we're the most progressive generation, with our casual sex and entrepreneurship, our non-religiousness and fluid gender.

But then, according to endless Facebook wedding shots, we go ahead and get married anyway — that most old-fashioned of things.

Weddings are so hot right now, despite the fact that marriage has been roundly criticized as a form of state control, as a form of patriarchy, as an unrealistic ideal of monogamy or as plain unnecessary. It doesn't sound like an institution for the independent Millennial, but according to Wedding Bells magazine, there were about 162,000 weddings in 2014 (compared to 148,000 in 2008) and the average age of brides was 31.

My most radical feminist friend says she'll be hitched within the year. I, too, want to get married. As I see it, we justify this in two ways.

First, the progressive wedding does its best not to be a wedding. We elope, or hold a ceremony in the woods using our BFF as justice of the peace (certified online). We trick our guests into surprise nuptials at a restaurant or we throw pop-up weddings on the cheap (now trending in Vancouver). With every bride not in white and every groom

taking his wife's name, we personalize weddings away from tradition. It's more a life-commitment ceremony. A love-validation declaration.

Second, we believe we really will be together, as equals, forever. I take my parents as a model: a quirky, adorable pair, rarely apart for more than an afternoon, happily low-key about happily ever after. That, I assume, is what awaits me: devotion, despite challenges, to being a team.

Preoccupied with being real about love, we take the self-help philosophy that we can create a winning marriage. We will choose well, we tell ourselves, after exhaustive dating and solemn reflection on what we're looking for. We will talk it out and we will test it out during a few years of living together.

Despite a divorce rate long hovering around 40 per cent, and the fact that, statistically, our mid-40s will be our divorce years, we hold onto a sort of future nostalgia, a Humans of New York-style image of our two wrinkled faces, captioned: "Still best friends."

I hope (irrationally) that will be the fate of all my friends, and my fate, too.

But it's time to accept, despite New-Age tweaks, how truly old-school you are on your wedding day.

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PHILOSOPHER CAT by Jason Logan

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GoT fans left with questions

GAME OF THRONES

Warning: Here be spoilers for the HBO series' Season 5 finale

Brian Gasparek
For Metro

On Sunday night, HBO brought us another epic Game of Thrones season finale. In typical Westeros fashion, the final episode of Season 5 was a jaw-dropping, bloody affair that shocked us, confused us and violently tugged at our heartstrings (say it ain't so, Jon!).

While the episode left us emotionally rattled, it also spurred a handful of mortal cliffhangers for us to mull over until next spring. Which of our most beloved and hated characters are actually dead?

Here's a recap of who's dead, who could be dead and who deserves to be dead after the Season 5 finale. And yes, this is completely full of spoilers. So stop reading if you haven't watched it yet!

Jon Snow

Jon Snow's fate in the season finale was a complete shiv to the heart for viewers ... no pun intended. Sadly one of our most beloved characters from the beginning of the series is indeed dead thanks to an act of mutiny by his peers who branded



Did your favourite Westeros inhabitant survive the season-ending episode? CONTRIBUTED

him a traitor. As much as we all want to see Jon rise from that blood puddle in Season 6, actor Kit Harington just confirmed in an interview with EW that he would not be returning to the show next season. Just like in the books, Jon Snow seems to be dead for good. His shocking death has already prompted masses of fans on social media to declare that they won't be tuning in next season. Let's hope for a ghost cameo down the line.

Stannis Baratheon

In Stannis Baratheon's last scene of the season, we were potentially spared some serious gore. When we last saw mean old Stannis, he was severely injured and about to be decapitated by Brienne of Tarth after she sentenced him to death for his crimes. Right as her sword came down, the scene jump-cut to a shot of Ramsay killing in battle. So does that mean the



We've learned that loving moments don't last too long in Game of Thrones.

last remaining Baratheon brother is dead? It sure looked like it with the force of that blade coming down on his neck. And

we should all hope so. None of us would be sad to see that evil bugger go, right?

Sansa Stark and Theon 'Reek' Greyjoy

After Theon snapped and shoved the evil Myranda to her death off the tower in Winterfell, the last we saw of Reek and his pseudo-sister Sansa was the pair holding hands while hurling themselves off the building to escape from scummy Ramsay and his men.

The fate that awaits these two in Season 6 is anyone's guess. Could they both have somehow survived the fall? Could Theon have redeemed himself by taking his own life to break Sansa's fall? Game of Thrones is heartless after all and they both could very well be dead. But we all want to see Sansa live to find vindication against Ramsay, don't we?

Myrcella Baratheon

We've learned that loving moments don't last too long in Game of Thrones. After a tender moment at sea with her real father Jaime Lannister, we saw Myrcella start bleeding profusely from her nose. We then found out that she was poisoned with killer lipstick. Remember that awkward long kiss she received from Ellaria Sand earlier in the episode? After witnessing a pleased Ellaria wiping her lips and taking an antidote in the next scene, we can assume that Jaime's 15-year-old daughter is indeed dead, and that Sand has gotten her revenge. Pretty harsh.

Arya Stark

Arya's final scene in Season 5 featured the young Stark warrior getting punished for killing the evil Meryn Trant by Jaqen. With her final words of 2015, Arya screams that she has gone blind after witnessing her face appear on Jaqen's body in front of her. Could Arya Stark be dead? Not a chance. If the show took Jon Snow from us, we're counting on the youngest Stark to go the distance. We need you, Arya!

BEYOND ITUNES

10 things you need to know about Apple Music

SOUND CHECK

Alan Cross



Two weeks from today, Apple will fire up Apple Music, its long-awaited, much-hyped next step beyond iTunes in Canada and 99 other countries. By integrating music sales, music streaming, real-time Internet radio, social media and direct artist-fan connections, Apple has signalled it wants to be a bigger player in music than it's ever been.

Much has been written about Apple Music since its official an-

nouncement earlier this month, but here are 10 things that you may have missed.

1 While there won't be a free tier, you can sample the service for free for 90 days. Studies show that the vast majority of people who convert to the paid version do make the decision within 70 days.

2 Apple will not be paying artists royalties during the 90-day free trials, which is not unprecedented. Remember the Columbia Record Club's 13-albums-for-a-penny offers? Record contracts specified that royalties

were not paid on those loss-leader sales, either.

3 Today, Spotify is the biggest streaming music service with 20 million paid subscribers. But if Apple converts just three per cent of its 800 million iTunes account holders to Apple Music, they'll be bigger.

4 Apple Music will be preinstalled on all new iOS devices and will show up in the upcoming iOS 8.4 release, which means you can expect devices to urge users to sign up

with just a click or two.

5 Apple's audio stream will be encoded at 256 kbps. That's less than the best-available (320 kbps) but chances are almost no one will know the difference.



6 While it's true that artists like the Beatles refuse to allow their music to stream, there's a workaround. Apple Music will search users' libraries for purchased and ripped music.

If it finds Beatles music, it will fetch those songs from iTunes and make them available for you to stream.

7 Beats 1, the real-time radio station, apparently won't be format-specific. The promise is that the station will play great songs from all genres.

8 The fact that Beats 1 will be available in 100 countries is a music licensing achievement. Terrestrial stations that stream are often geo-blocked. (i.e. Lots of Canadian stations can't be heard in the U.S. and vice-versa.)

9 The standard cost will be 9.95 per month in the local currency, meaning we get off cheap, internationally speaking. The U.K. cost of £9.95 works out to more than \$19 Cdn.

10 Remember: Streaming is for auditioning; purchasing is forever.

Kristen outed by own mom

KRISTEN STEWART

Mother confirms Twilight star is dating 'lovely girl'



Well, this isn't very parental. Kristen Stewart's mom, Jules Stewart, gave an interview to Britain's the Sunday Mirror flat-out confirming that the former Twilight star is dating her personal assistant, Alicia Cargile.

"What's not to be accepting about her now having a girlfriend? She's happy," Jules says. "She's my daughter, I'm just her mom so she knows I would accept her choices. I've met Kristen's new girlfriend, I like her. What's not to accept? She's a lovely girl."

Rumours had been swirling for months about Kristen and Cargile, but I guess swirling wasn't good enough for mom, so there you go. ALL STORIES NED EHRBAR/METRO IN HOLLYWOOD

ALL PHOTOS GETTY IMAGES

SMASH MOUTH

Ill-bread rant

Public service announcement: If you find yourself at a Smash Mouth concert in 2015, and you've brought along a loaf of bread to snack on, do not throw a piece of that bread at lead singer Steve Harwell. He really doesn't like that.

During the Taste of Fort

Collins food and music fest in Colorado, fans started tossing slices of bread in the air. Some of it landed a bit too close to Harwell, who erupted in a long stream of profanities and threats we can't print here. The crowd booed and he huffed off stage.

Maybe he's gluten-free?

CHICKEN FLAP

Mila clucks out

It seems Mila Kunis's ex-friend Kristina Karo has, er, chickened out in going through with filing a \$5,000 lawsuit against her, claiming Kunis stole her beloved chicken.

The "friend" claims Kunis kidnapped her pet chicken named Doggie 25 years ago, but tells TMZ that due to a recent revelation in therapy, she has decided not to press charges after all: "I've learned to forgive in my heart the people who have wronged me, like Mila," she tells them.

"There is only one judge and that is God. I pray for her soul and the soul of Doggie, that he has found peace finally in chicken heaven."

Good to know all chickens named Doggie go to heaven?



GOSSIP NOTES

Affleck, Garner crush split rumours



The epic saga of whether or not Jennifer Garner and Ben

Affleck are splitting up marches onward. While various reports have the couple practically filing divorce papers — no really, any second now they're going to announce it — Affleck and Garner chose the revolutionary option of going to the farmer's market with their kids this weekend, like pretty much every other upper-middle-class family does on June weekends.

Radar Online quotes a source who is no doubt very

close to both of those people in real life and not delusional at all as saying "their marriage has completely fallen apart."

Somehow, they were able to soldier on to the farmer's market, despite the secretly and invisibly shredded tatters of their marital bond (and having some very indiscreet friends and associates).

5 Seconds of Summer catches fire

Well, they certainly know how

to bring the heat. 5 Seconds of Summer band member Michael Clifford's face caught on fire during a concert in London due to some pyrotechnics gone wrong.

Clifford was quickly taken to the hospital where he was treated and tweeted to fans, "What the f---s up. sorry I couldn't finish the encore but at least I look like two face, thanks for worrying." Luckily, he's making a full recovery and is continuing the tour.

ENDLESS

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URBAN ETIQUETTE ELLEN VANSTONE

The question What are the rules about getting too close on public transit?

Dear Ellen,
I ride a crowded bus to work every morning and try not to crowd anyone, but often when I step back to make space for someone, they simply step forward and close the gap. Even on the days I score a seat, and then move away so as not to touch the person sitting next to me, they simply spread themselves out further and **THEY KEEP TOUCHING ME**. What can I do about this?
— Penny, Edmonton

Dear Penny,
Judging by your aversion to human contact, I fear you may have been raised in the same kind of uptight Anglo Saxon home I grew up in. A home where all emotion — from parental pride to abject disgust — was expressed with dripping sarcasm, and where physical contact was restricted to disapproving elbow jabs or affectionate shoulder punches. Even that could be confusing due to the Anglo-Saxon's innate resentment of expressing any feelings

whatsoever — e.g., sometimes the “nice” shoulder punches were passive-aggressive and felt like plain old jabs. In the end, children from families like ours learned from an early age that any kind of non-consensual, non-romantic touching was best avoided altogether.



1-800-RENT-A-BUBBLE

This kind of attitude — as you have discovered, Penny — does not fly on public transit. Admittedly, there are some gross, turf-hogging individuals who are oblivious to anyone else's personal space. These are the idiots who stick their grocery bags, knap-

sacks or (ugh) their bellies or backsides in your face while you're sitting on an aisle seat. Not acceptable, and you are certainly justified in politely asking them to back off.

But it sounds as if you are dealing with normal people who are comfortable with the urban jostle — people from families unlike ours, where such bizarre behaviour as hugging children, holding hands with friends, or linking arms in open displays of familial affection is considered normal! For these folks, standing close to other people on the subway or sitting haunch to haunch in a seat is not rude behaviour. It's actually a lot more normal than your own dysfunctional revulsion at contact with your co-Earthlings.

Unless of course they're perverts who are trying to grope you. In which case, you should both jab and punch, and — if you can get over your Anglo-Saxon reticence — scream bloody murder while you're at it.

Need advice? Email Ellen at scene@metronews.ca



A springer spaniel named Aki poses pretty for her portrait. FRED LEVY VIA THE ASSOCIATED PRESS

Portraits of black dogs take off online

PHOTOGRAPHY

Photographer counters bias against dogs with black fur

It was a summer day at the dog park when Fred Levy, a professional pet photographer, overheard a conversation that he couldn't shake off.

A woman was talking about “Black Dog Syndrome” — a theory that black dogs are less likely to be adopted than those with lighter coats, perhaps because of superstition or a notion that black dogs are aggressive. Experts debate whether it's a myth or reality, but it struck Levy.

That dog park visit was almost two years ago, but it inspired Levy to take on a project that's gained international attention. He calls it the Black Dogs Project, a photo series that features black dogs against black backdrops, aiming to capture their beauty and counter

negative stereotypes.

Levy, 45, did it all in the basement studio of his Maynard home, where he lives with his wife, two young boys and a black-and-white rat terrier named Toby.

The photos struck a chord online and quickly went viral. The microblogging website Tumblr counted Levy's blog among its “most-viral” of 2014.

“I want people to make informed decisions on the best dog that will fit into their lifestyle. The fur shouldn't be the deciding factor.”
Pet photographer Fred Levy

After adjusting to the sudden onslaught of attention, Levy decided to publish the work in a book, titled *Black Dogs Project: Extraordinary Black Dogs and Why We Can't Forget Them*, slated for release this September. Part of the proceeds will go to a rescue group for Labradors in San Diego.

In the book and on his blog, Levy includes stories about each

dog to counter myths about black dogs.

Early on, the black dogs that Levy photographed came from owners he recruited through his Facebook page. Recently he also started working with abandoned dogs referred to him by shelters. After training his camera on them, he shares their photos online in search of a permanent home.

But his message to viewers isn't necessarily to adopt black dogs.

Mostly, he wants people to think beyond appearance when they're adopting pets.

“I want people to make informed decisions on the best dog that will fit into their lifestyle,” he said. “The fur shouldn't be the deciding factor.” THE ASSOCIATED PRESS



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LEARNING CURVE

Herzing offering free online course

It is hard to put a price tag on a great education, but free tends to be the best price tag.

This month, Herzing College is offering a free online class from their office assistant program.

"This free online course is being offered to help meet the industry demand for this type of training," says Kerry Swanson, president, Herzing College – Winnipeg.

"Herzing College works closely with industry contacts to ensure students are receiving the most up-to-date information in skills that are relevant to today's job market."

Interested individuals will receive a free trial of the word processing class.

This course offers training in Microsoft Word, where students can learn to create, edit, and print documents.

By using Herzing's online learning portal

students will be assigned a dedicated instructor and work alongside a group of highly motivated students, all from the comfort of their home.

"We hope that through this course individuals will continue on to our office assistant program and then eventually on to a meaningful career in this field," says Swanson.

For those who prefer to "try before they buy," this course will introduce them to some of the elements and skills they will learn in the office assistant program.

The office assistant program is offered either in class or online and is six months in length.

This program provides instruction in business application software along with business office practices and operations.

Areas of study include computer software



CONTRIBUTED

(word processing, spreadsheets, database, and information management), communication skills, and office methods and procedures.

This program also offers a four-week internship, which helps students gain valuable industry experience and develop networks that can lead to possible employment.

Graduates of the office assistant program can go on to pursue careers as administrative assistants, office assistants, receptionists/assist-

ants or office administrators in virtually any business office environment.

Spaces for the free word processing class are limited as it is a first come, first serve basis (\$1,430 value).

Class starts June 29 and the course is four weeks in length.

For more information about this free class or the office assistant program at Herzing College, visit herzing.ca/winnipeg.

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SKILLED TRADES LEAD TO CAREER CHOICES

For those who may have left their post-secondary decisions a bit too long there is no need to worry.

At Manitoba Institute of Trades and Technology (MITT) it's never too late to apply.

"Every June we see new high school graduates who are unsure where their next educational path should lead and, while contemplating their personal goals, find they have missed the college application deadlines," says Rae-Lynn Rempel, manager of marketing and communications, MITT.

Whether you are a new high school graduate or someone looking to change careers, MITT offers great programs that will be sure to suit your career needs.

With MITT's employment rates running at 88 per cent, your applied skills training will be the bridge you need to an exciting career.

MITT is still accepting applications for September in a variety of areas including skilled trades, health and human services, and business and information technology.

"Good careers start here and especially in

MITT HIGH SCHOOL

MITT is a hybrid institution that is a recognized public post-secondary institution committed to the applied skills training for students of all ages.

For further information on these or other MITT programs, including the new MITT High School, visit MITT.ca or call 204-989-6500.

the area of skilled trades," says Rempel.

The institute's carpentry program is available for both September and February 2016.

"MITT's carpentry provides you with the upfront skills that will get you that first important job," says Rempel.

If building is not quite where you see yourself, but want to connect to the booming construction industry, try the technical drafting program.

"Become part of the team by working with the engineers, architects, and trades people



SHUTTERSTOCK

by providing them up-to-date blue prints," says Rempel.

For the more creative types, try the graphic and print technician program that will be moving into a new space to accommodate a \$1.5-million upgrade. The new program was created

with help from the Manitoba Print Association.

Seats are also still available in a number of other programs such as the pharmacy technician, motorsport technician, network computer technology (NCT), and business administrative assistant programs, and more.

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Northwest gives officers an advantage

Academy targets all aspects of law enforcement industry

Anyone who thinks becoming a law enforcement officer is easy — think again.

"There is tremendous competition for positions in the RCMP, police, sheriff's, corrections or Canadian Border Services as they are looking for the best candidates to join their organizations," says Victor Popow, chief executive officer, Northwest Law Enforcement Academy.

"A post-secondary education, life experience or maturity, and being an active volunteer are what law enforcement organizations are looking for and the Northwest Law Enforcement diploma program gives law enforcement candidates the necessary skills and knowledge to join law enforcement organizations."

The Northwest Law Enforcement Academy was founded 14 years ago by retired Winnipeg police chief Herb Stephen. He designed a post-secondary diploma program that not only provides theoretical courses such as criminal law, criminology, human



Northwest students Christopher Leyte and Bentley Jones. CONTRIBUTED

relations, and ethics, but practical components consisting of non-violent crisis management, police defence tactics (self defence and restraint training), arrest and control techniques, and firearms training.

These courses are taught by former members of police and law enforcement agencies, which is another benefit to attending the academy that brings expertise and professionalism to the training.

Northwest graduates have a strong presence in a variety of law enforcement agencies, including in First Nations police.

New Northwest Métis student Bentley Jones agrees the academy experience is beneficial to her career in law enforcement.

"The environment is a positive, welcoming, and friendly one," says Bentley. She adds that the high quality and practical nature of the courses offered gives her a leg up over Grade 12 graduates or others applying for various law enforcement positions.

First Nations student Christopher Leyte says the academy is a great way to learn about law enforcement.

"All the instructors are willing to share life experiences and practical knowledge so a student is not just getting theoretical knowledge," he says.

Prospective candidates to Northwest's diploma program should be motivated, mature, and have at least Grade 12 or GED. The diploma program is still accepting candidates for its fall program, which begins Sept. 8 and Oct. 13.

Northwest also offers emergency communicators classes dependent on registrations.

For more information, call toll-free 1-866-953-8300, or visit northwestlaw.ca.

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The business analyst field is a growing profession and is critical to the success of any organization.

A business analyst is someone who analyzes an organization or business domain (real or hypothetical) and documents its business or processes or systems.

"The business analyst program at Red River College provides the knowledge and skills needed to be successful in today's workplace," says Sandie Foster, instructor of the year for 2012, continuing education, Red River College.

"It provides tools and techniques the business analyst needs to understand the role of the business analyst as a problem solver."

Throughout the program, communi-



CONTRIBUTED

cation skills are developed, as well as technical skills that are needed to perform the job.

This program is designed for business analysts to expand their skills or anyone

who aspires to be part of this profession.

System developers will also gain knowledge and skills from some of the courses.

Students will learn how to elicit, plan, monitor, test, and document, as well as

communication requirements throughout the entire life cycle of a project.

They will learn the following skills throughout the program: Requirements gathering skills; effectively interviewing clients to determine their needs; perform gap analysis and a needs assessment in order to prepare an effective business case; preparation on an existing situation analysis to capture the existing circumstance for project stakeholders.

They will also learn the preparation of a solutions recommendation document, how to identify functional and non-functional business requirements, including the fit criterion, and many more skills.

One of the school's courses is IIBA (International Institute of Business Analysis) endorsed. The IIBA is an independent, non-profit professional association serving the growing field of business analysis. The IIBA helps professionals working in this role to develop their skills and further their careers by providing access to unique and relevant content.

Business analysts work in a variety of different industries, such as finance, banking, insurance, telecoms, utilities, software services, as well as others.

"This program assists in assisting business analysts to switch industries seamlessly," says Foster.

All courses are available by classroom and online delivery.

For more information, visit rrc.ca/ban.



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(Source: Information and Communications Technology Council, 2011)



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ANOTHER AVENUE OF LEARNING AT ROBERTSON COLLEGE

Online learning has made learning more convenient and accessible to the public.

Robertson College Online helps self-motivated individuals take the next step to advance their education on their own schedule.

"The online program allows you to continue working and take the course when you have time," says Audrey Blatz, director of

online, Robertson College. "Many of our students have full-time employment and complete assignments evenings and weekends."

Online also offers another avenue of learning. Not everyone has the opportunity to leave personal financial responsibilities to go back to school full time.

"We assist you in keeping those respon-

sibilities and advancing your career," Blatz says.

Among the variety of the online programs offered, Robertson offers a wide section of business programs including business administration (BUSA). New for the June intake include the computer support technician (CST) program, and the network

security technician (NST) program.

"These programs can open a wide variety of career opportunities," Blatz says.

CST graduates could be employed to work in the following positions — user support technician, technical help desk agent, help desk analyst, system support representative, help desk technician, computer help desk representative, installation technician, or PC support analyst.

"This diploma is designed to provide entry-level tech support skills needed to assist customers, clients, or members of a firm or organization that depend on information technology," Blatz says.

Students will gain general knowledge of computer hardware, operating systems, software and network operation, and specific skills in troubleshooting, problem solving and customer service.

Graduates of NST could be employed as a computer network technician, network administrator, or systems administrator.

"This diploma is designed to introduce students to system analysis in order to ensure network and system security," Blatz says.

"Our online learning programs run in parity with our ground campus," Blatz says. "We offer a classroom environment, strong instructor support and career services upon completion of the program."

Robertson College is still accepting enrolment for the June 24 intake.

For more information, call toll-free at 1-888-892-5262, or visit robertsoncollege.com.

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SHUTTERSTOCK

Fast track to a career that makes you smile

Not every career allows you to see the confident, bright smile you put on your client's face. CDI College's intra oral dental assistant program — one of four training institutions in Manitoba approved by the Manitoba Dental Assistants Association (MDAA) — provides consistent, world-class education that gives students the hands-on training and precision they need to excel in their career.

In hopes of entering the oral health-care industry, now-graduate Madelle Villanueva

enrolled in CDI College's 45-week intra oral dental assistant program because it provided the technical training she needed to succeed in this field. It also allowed her to develop her skills through alternate methods such as hands-on practice in the school's labs as well as clinical placements. "The practicum experience was very important to me because it helped me experience work in the dental field," says Villanueva.

With more than 300 hours of real-world

experience, students will gain knowledge working with actual patients in consulting hygiene practices, developing X-rays, and more. "CDI College helped me with my career goals by providing me with more information on becoming a hygienist in the future. I would recommend this program to other people looking to start a career in my field," said graduate Nikki N.

For more information on the intra oral dental assistant program, visit the website: study.cdicollege.ca or call 1-800-360-7186.



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GRADUATE - SHAWNA FAGUNDES
Senior Communications Specialist, Great-West Life

PACE.UWINNIPEG.CA



SHUTTERSTOCK

Preparing for a job with PACE

Armed with a bachelor of arts from UWinnipeg, Shawna Fagundes held a number of work and volunteer positions before deciding to head back to school.

That is when she decided to enrol in the public relations diploma and management certificate offered through the University of Winnipeg's Professional, Applied and Continuing Education (PACE).

"I had a great undergraduate experience at UWinnipeg, but I felt I needed to add to my 'skills toolkit' and I had always thought about a career in communications," says Fagundes.

The public relations diploma and management certificate program prepares students to work as public relations practitioners in corporate or not-for-profit environments.

"Enrolling in the PR and management program was more targeted to my long-term career goals," says Fagundes.

"I originally wanted to focus on a career in event planning, but through the program, I was exposed to the whole world of communications — including possible career paths I didn't realize existed."

As a full-time student, Fagundes loved that she was able to finish the program within one year.

"The coursework and internship helped me prepare for the real world," says Fagundes.

"Since the program, I've used most — if not all — of the skills I learned from each course."

Fagundes is currently working as a senior communications specialist for Great-West Life and volunteering for the International Association of Business Communicators' Canada West Region Board.

For more information, visit the website: pace.uwinnipegcourses.ca.



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UPDATE SKILLS AT WELLINGTON

COLLEGE OFFERS MANY SPECIALIZATIONS

The acquisition of new skills — or simply refreshing existing skills — ensures professional standards and accountability.

The same is true for those in the field of massage therapy.

At Wellington College, there are a number of specializations/modalities to add to the everyday practice to improve client care.

“Aside from the requirement of associations to which massage therapists belong to achieve a certain number of continued education hours, it is also in keeping with professional health-care practice,” says Tricia Neill, operations manager, admissions and workshop co-ordinator at Wellington College.

“We are continually working toward bringing in new and relevant courses that are applicable and in line with industry demands.”

Post graduation, Wellington College extends its mission to create a supportive and progressive environment for massage therapists by expanding its continuing education in multiple forms.

The school is pleased to provide oppor-

tunities for its alumni, which helps them develop their professional skills and grow in their knowledge of therapeutic massage and its supporting modalities.

Wellington's 2015-16 lineup of courses includes sports massage therapy, hot stone massage, palliative care, reflexology, spa therapy and treatments, pregnancy massage, and many more.

Wellington College holds a number of information sessions throughout the year to introduce prospective students to the school and its programs. The next information session will be held July 19 (call to register).

“Massage therapy is a growing field with plenty of opportunities to build a long lasting career,” says Neill. “Massage therapists have the ability to improve the quality of life for the clients they work with. To succeed as a massage therapist, you'll need an educated mind, skilled hands, and a compassionate heart.”

For those looking to get started in a career as a massage therapist, Wellington College



SHUTTERSTOCK

offers two options for study: A two-year, full-time program; and a three-year, distance education option.

Full time classes begin Aug. 17 and distance education begins June 20.

“Distance education is the perfect option for someone transitioning into this new

career as you can maintain employment while studying,” says Neill. “The course is also ideal for those living in rural areas who cannot relocate or drive to the college on a daily basis.”

For more information about Wellington College, visit wellingtoncollege.com.



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RECIPE Moroccan Kale, Couscous, Goat Cheese and Dried Cranberry Salad



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

Twitter: @rosereisman

Tip for this salad: massaging the kale makes it tender. This salad can be dressed hours before serving.

Ready in

Prep time: 15 minutes
Serving size: 4

Ingredients

- 1/4 cup dried Israeli couscous (pearl pasta) or small ball pasta
- 2 Tbsp olive oil
- 2 Tbsp lemon juice
- 1 Tbsp maple syrup
- 1 Tbsp apple cider vinegar
- Salt and pepper
- 4 cups chopped kale
- 1/2 cup julienned carrot slices
- 1/2 cup yellow or red cherry tomatoes sliced in half
- 1/4 cup dried cranberries
- 1/4 cup toasted

- sliced almonds
- 1/4 cup crumbled goat cheese
- 1 Tbsp chopped mint or basil

Directions

1. Bring a small pot of water to a boil. Add Israeli couscous and cook just until tender. Drain and rinse with cold water.
2. Combine olive oil, lemon juice, maple syrup, vinegar and salt and pepper for dressing. Add kale and massage with fingers for two minutes. Place on serving plate. Top with cooked couscous and remaining ingredients.

Nutrition per serving

- Calories 210
- Protein 6 g
- Fibre 2 g
- Fat 11 g
- Saturated fat 3 g
- Cholesterol 5 mg
- Sodium 80 mg

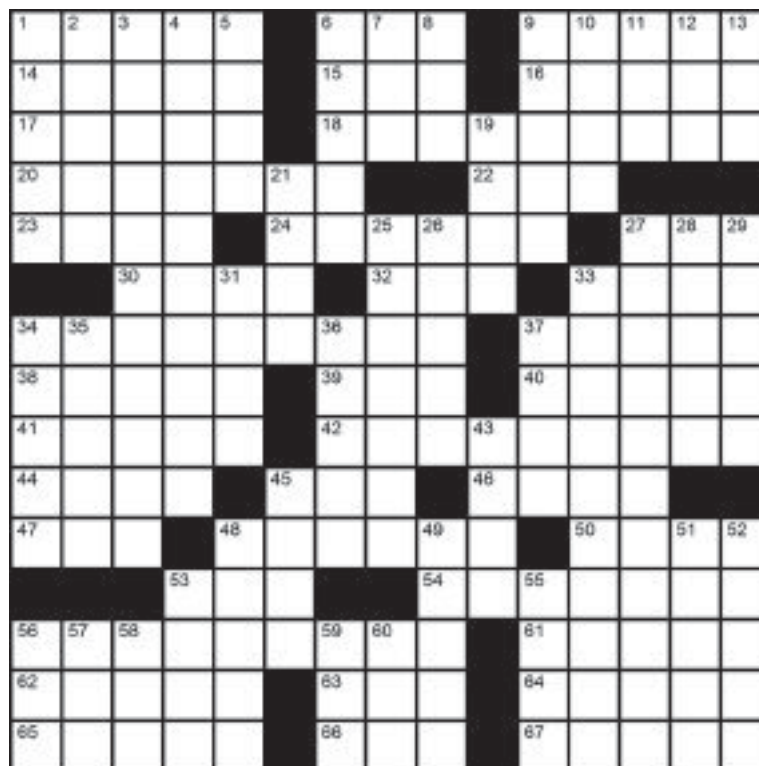
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Bronson Pinchot's "Perfect Strangers" character
6. Wary
9. Wetland
14. Mr. Alda, when in France
15. Teeny
16. Vietnam's capital
17. Assiniboia __ (Winnipeg horse racing track)
18. How Cartier and Champlain spent their time in Canada
20. Summer garb: 2 wds.
22. '___' in Eckville
23. Dionne Warwick's "Walk ___"
24. ___ (WWII naval craft)
27. General __ (Superman enemy)
30. "From Here to Eternity" (1953) actor, Philip __
32. 1970s President (Monogram)
33. Relinquish control
34. Barely a breath left to breathe: 2 wds.
37. Simon of Duran Duran: 2 wds.
38. Dispense
39. Air Supply's "Just ___ Am"
40. Q. "Did Steven Tyler appear ___-DMC's video for 'Walk This Way'?" A. "Yes."
41. Incisions
42. Terrestrial
44. Sardines containers
45. Eastern prov.



46. What 'Manitoba' has in its spelling: word + letter
47. Portion [abbr.]
48. ___ Brook, Newfoundland
50. Essences
53. The __, Manitoba
54. Birthplace of Welsh poet Dylan Thomas

- (b.1914 - d.1953)
56. As per #4-Down... Music and Lyrics: Cyndi Lauper - Book: Harvey __
61. Ms. Rinna, and others
62. Allow in
63. Egg mass
64. Weight units in China

65. Blusher
66. Mr. Van Sant
67. City passageway

DOWN

1. George Thorogood & The Destroyers hit: "___ the Bone"
2. Take out __ (Borrow money)

3. Sport played at #33-Down: 2 wds.
4. Tony-winning musical on now at the Royal Alexandra Theatre in Toronto: 2 wds.
5. Acad.
6. Tidied the floors
7. Curse
8. "Sure!"
9. A young #13-

Down

10. "Star ___" (1977)
11. Cuckoo bird
12. Wee weekday
13. Farm animal
19. Trim
21. Grand Ole __
25. Canadian comedy impresario Mark
26. 'Labor ___ Vincit' (Oklahoma's state motto)
27. Quickly-colonizing problem of fresh waters: 2 wds.
28. Febreze target
29. Canadian singer Mr. Doherty
31. Office phone lines [abbr.]
33. ___ Park (Recreational attraction in Moncton)
34. Endures
35. Famous TV puppet
36. Visibly star-struck person
37. Lender's protection
43. Oslo's land, briefly
45. Station
48. Hereditary social class
49. Medieval labourers
51. Bluesy street in Memphis
52. Flip
53. Snoot
55. Sask. neighbour
56. Outlying
57. Bride's vow: 2 wds.
58. Aussie bird
59. Work unit
60. Indebted one's letters

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You seem to have a viewpoint on anything and everything and today's new moon will make you more opinionated than usual. Not all of them will meet with others' approval but since when did an Aries care about that?

Taurus April 21 - May 21
You need to find a solution to a problem that has been annoying you. Most likely it has something to do with money and most likely you know what to do but have not yet found the courage to take action. Find it now.

Gemini May 22 - June 21
A new moon in your sign is a wonderful omen that, among other things, gives you huge self-belief. It is not a case of IF you will succeed but WHEN you will succeed, and with that kind of confidence it won't be long.

Cancer June 22 - July 23
Your solar year is drawing to a close and a new cycle will begin when the sun moves into your sign next weekend. What you do between now and then is of huge importance. Be brave: chase that dream you have avoided.

Leo July 24 - Aug. 23
Make contact with new people today. Because the new moon falls in one of the more positive areas of your chart you should have no trouble making friends. Group activities of all sorts are under excellent stars.

Virgo Aug. 24 - Sept. 23
What you say and do over the next few days will make an impression on employers and colleagues. Make sure it is a good one. Let them know you're ambitious and ready for more responsibility. You will get it.

Libra Sept. 24 - Oct. 23
Today's new moon suggests you have been in one place too long and need to move on. You need a bigger challenge, so don't hang around: get up, get moving and get a better life.

Scorpio Oct. 24 - Nov. 22
You may be suspicious of someone's motives but you must not say so until you know for certain that they are up to no good. If you make accusations you cannot prove you could attract the kind of attention you don't need.

Sagittarius Nov. 23 - Dec. 21
A relationship may be giving you cause for concern but today's new moon will set your mind at ease. Put your differences behind you and focus on things that unite you, rather than divide you. It's still a match made in Heaven.

Capricorn Dec. 22 - Jan. 20
Make sure you are paid the proper amount for whatever tasks you undertake today. You like to help people out but that does not mean they can take advantage and take it for granted that you will work for next to nothing.

Aquarius Jan. 21 - Feb. 19
A creative or artistic endeavour will go well for you thanks to a new moon in the most dynamic area of your chart, not least because any doubts and fears you had are now firmly behind you.

Pisces Feb. 20 - March 20
Do what you want today and don't let those who seem to do nothing but criticize talk you down. Keep self-doubts to yourself and act as if you cannot possibly lose and you won't.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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Neo40: Is it a Miracle Supplement?

The following article is an interview between W.Gifford-Jones M.D. and the creator of Neo40 Dr. Nathan Bryan from the University of Texas.

Article taken from "The Doctor Game - W. Gifford-Jones M.D. September 8, 2012

DISCLAIMER: NOTHING IN THIS ARTICLE IS INTENDED AS, OR SHOULD BE CONSTRUED AS, MEDICAL ADVICE. CONSUMERS SHOULD CONSULT WITH THEIR OWN HEALTHCARE PRACTITIONERS FOR INDIVIDUAL, MEDICAL RECOMMENDATIONS. OUR DIETARY SUPPLEMENT PRODUCTS ARE NOT INTENDED FOR USE AS A MEANS TO CURE, TREAT, PREVENT, DIAGNOSE, OR MITIGATE ANY DISEASE OR OTHER MEDICAL OR ABNORMAL CONDITION.

Several months ago I reported on a unique drug, **Neo40**, which has now been approved by Health Canada. To find out more about **Neo40**, now available in health food stores, I interviewed Dr. Nathan Bryan, Professor of Molecular Medicine at the University of Texas Health Center in Houston and creator of the formula.

G-J: What is Neo40?

NB: **Neo40** is a lozenge that contains L-Citrulline, an amino acid derived from protein, vitamin C, beet root and hawthorn, a potent combination that produces nitric oxide. Early in life our bodies manufacture large amounts of nitric oxide (NO). After age 40 production of NO decreases. This sets the stage for hypertension, kidney dysfunction, diabetes, heart attack or stroke, just to name a few major illnesses. It's called the "miracle molecule" because it helps so many diverse problems.



Dr. Nathan Bryan

G-J: Is there science behind its claims?

NB: The discovery of NO resulted in a Nobel Prize for three U.S. scientists and now over 130,000 scientific papers about this molecule have been published in medical literature. NO is produced in the inner lining of all blood vessels. Lay a single layer of these cells on a flat surface and it would occupy a soccer

field. The cells cause arteries to relax, thus lowering blood pressure. But with insufficient NO, arteries constrict, resulting in hypertension, bringing increased pressure in the heart and other organs.

G-J: There must be more to NO than the dilation of blood vessels?

NB: Experiments show that NO prevents blood platelets from sticking together, decreases plaque formation and chronic inflammation in arteries, all factors that increase the risk of heart attack. Other research shows NO lowers triglycerides, bad cholesterol, and raises good cholesterol, and it prevents bone destruction from osteoclasts.

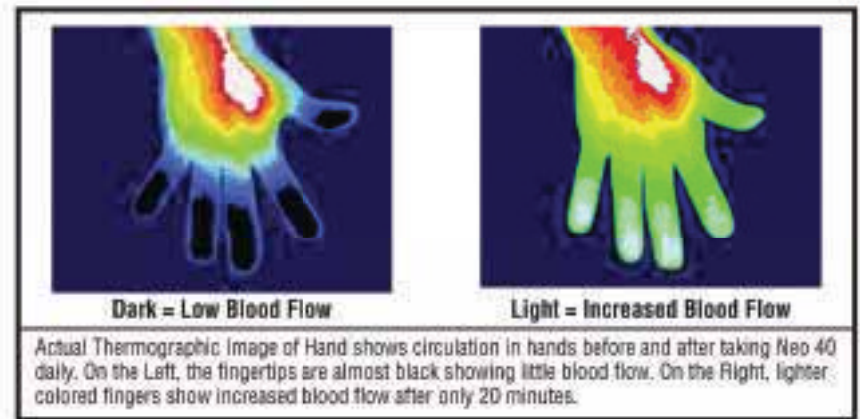
G-J: Can NO help the epidemic of type 2 diabetes?

NB: High blood sugar destroys the circulatory system and 50 percent of diabetes patients die of heart attack. Diabetes causes insulin resistance which makes it hard for glucose to enter cells. Raising NO levels helps to control these problems and also decreases the risk of diabetic ulcers and gangrene of the legs by improving blood flow.

G-J: Does NO help other conditions?

NB: Many people suffer from glaucoma, increased pressure in the eye. This is caused by a clogged trabecular meshwork that drains fluid from the eye. Hungarian researchers report that NO may benefit this problem.

NB: 27 million Americans also suffer from asthma and its inflamed, constricted,



mucous-clogged airways. Experts say it's due to pollution, allergies and stress. Now research at Hammersmith Hospital in London, England, reports that NO helps to maintain a biochemical balance in air passages and that it could be helpful in treating inflamed airways. Another Dutch study reports that NO can calm nerves in tightened airways and relax muscles.

G-J: Can patients increase the production of NO by natural means?

NB: The big problem is that obesity decreases NO and 50 percent of the population is overweight, so for them it's difficult to increase NO by dietary measures. Exercise can also boost NO levels, but people with endothelial dysfunction don't produce the same amount of NO during exercise as healthy people. We know that weight-loss surgery can boost NO by as much as 40 percent. But this is a radical and risky way to lose weight.

G-J: Are foods helpful?

NB: Leafy green vegetables such as Kale, Swiss Chard, Arugula, Spinach, Chicory, Wild Radish and Bok Choy are all high sources of bioactive NO. Dark chocolate and wine also increase NO.

G-J: What about the use of supplements?

NB: **Neo40** is the only answer if people refuse to change their lifestyle. This is one lozenge that must be dissolved slowly in the mouth twice a day until NO increases and then used once a day.

G-J: Dr. Bryan, it's been a pleasure to learn of your work at the Institute of Molecular Medicine. I'll consider your advice about Bok Choy. But it will be difficult to say no to one of your Texas steaks!

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